

SWITCHBACK

For many people leaving prison, the transition back into the community is extremely difficult, with homelessness, mental health challenges and low skills creating major barriers to a positive future.

WHAT IS SWITCHBACK?

Switchback is a London-based charity supporting young men aged 18–30 as they leave prison and work towards building stable, rewarding lives. Established in 2008, its model is built on the belief that it is often not a lack of opportunity that holds prison-leavers back, but a lack of confidence, knowledge and continuity of support.

WHY IT MATTERS

- 48% of prison-leavers reoffend within a year of release.
- 83% are not in work a year after release.
- Homelessness, poor mental health and low skills create significant barriers.
- Reoffending costs society an estimated £18 billion each year.

SWITCHBACK'S APPROACH

- One-to-one mentoring from a dedicated Switchback Mentor
- Support that begins before release
- Practical, real-world work experience
- Skills, routine and confidence building
- Support into employment, training or education
- Long-term, personalised guidance as people rebuild

THE IMPACT

2,000 young men on their journey out of the justice system and towards real, lasting change.

91% of Switchback Trainees do not reoffend within a year of release.

56% of Switchback Trainees move into long-term work, education or training.

Would you like to learn more about our partnership with Switchback? Contact our Sustainability team at sustainability@bywaters.co.uk

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